

Humana of Kentucky (2/07)

<http://www.humana.com/> (Link to site only)

- BMI of 40 or greater OR BMI 35-39 with one of the following: confirmed coronary artery disease (confirmed by cardiac catheterization or previous myocardial infarction) or at least one serious weight induced co-morbid medical condition that is refractory to maximal medical conservative therapy – Diabetes Mellitus, Hypertension, Pulmonary conditions, or Obstructive sleep apnea(confirmed by positive PSG), Pickwickian Syndrome, Hypoventilation syndrome or other – documentation confirms a life-threatening or serious co-morbid condition that is not listed
- A history of unsuccessful weight loss attempts within the past 3 years, despite adherence to structured & supervised weight loss programs of at least 6 months duration, which have been documented by the referring physician
- A letter of support from the primary care physician
- Diagnosed as morbidly obese for at least the past 3 years
- 18 years of age or older
- Psychological evaluation
- Consult with surgeon
- Surgical program must include comprehensive & multidisciplinary approach pre-op, post-op & long-term follow-up
- Gastric bypass and Lap-band procedures are covered